

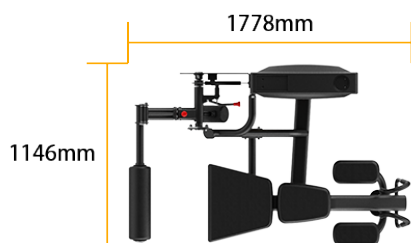
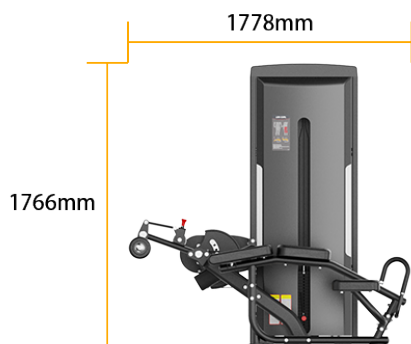
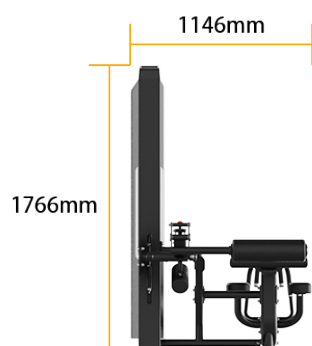
SA SELECTORIZED SERIES**SA015 - PRONE LEG CURL****PRODUCT OVERVIEW**

The professional-grade solution for prone leg curls. Through extensive biomechanical testing, we've discovered the optimal hip flexion angle that minimizes lower back stress while maximizing hamstring training effectiveness. Additionally, the ingenious multi-position adjustment disc and joint pivot design ensure every user can find their optimal movement pattern.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1146*1778*1766mm
Total Weight:	255kg
Weight Stack:	100kg
Max Weight Stack:	125kg



Product Features



Robust and Durable, Value-Optimized Choice

The main frame utilizes Q235A high-frequency cold-rolled steel, with 40*140mm square tubing and 50*100mm oval tubing working in harmony to ensure machine durability. Surface finishing employs electrostatic powder coating, passing over 800 hours of salt spray and impact testing. The finish is brilliantly aesthetic while the machine remains incredibly durable.



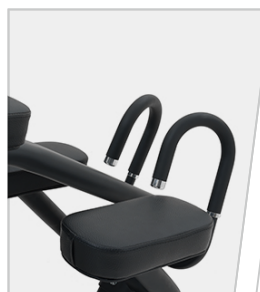
Precision Adjustment, Biomechanical Excellence

Extensive biomechanical testing has created the perfect synergy of 7-position ankle adjustment and 6-position knee adjustment systems. These two systems ensure every user, regardless of flexibility or body type, experiences custom-fitted training sensation.



Optimal Hip Flexion Angle, Zero Back Stress

The optimal hip flexion angle is the result of thousands of biomechanical experiments. This angle allows the body to perfectly nest within the foam padding, achieving the most compatible support effect while minimizing lower back stress for safer and more efficient training.



Large-Scale Testing, Optimal Stability

Through extensive testing, we've identified the optimal arm support position and upper handle curve angle, providing users with the most comfortable support stability. This effectively reduces support-related fatigue, keeping focus purely on hamstring training.